


Steels Long Tone Regimen

Barrick Stees


Play with tuner and metronome.
Do each exercise 3 times, choosing a
note from each of three registers:

Bassoon



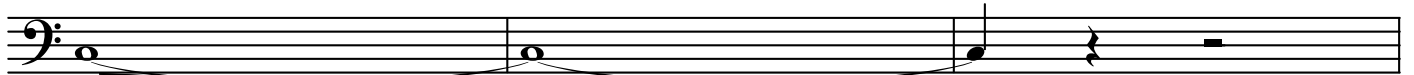
Low Middle High

4



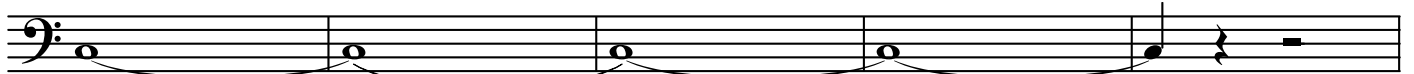
mf Hold as long as possible, non-vibrato

8



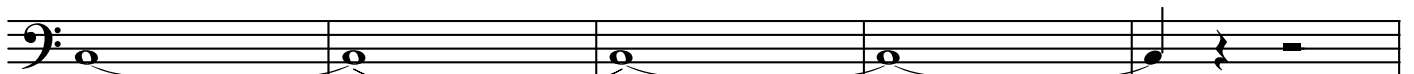
ff *pp*

11



ff *pp* *ff*

16




pp *ff* *pp* al niente

21



pp *ff* *pp*

26



pp *ff* *pp*

30

A musical staff in bass clef containing a sequence of 12 eighth notes. The notes are grouped into four measures of three notes each. The notes are: G2, F2, E2; D2, C2, B1; A1, G1, F1; and E1, D1, C1. The staff is marked with a *pp* dynamic at the beginning, a *ff* dynamic in the middle, and another *pp* dynamic at the end. A large, thin-lined wedge-shaped graphic is positioned below the staff, tapering from left to right, with the *pp* and *ff* markings placed within its shape.